

Begin making your emergency plan today



Fill in this card and keep it in a handy place. For example, in your emergency kit, next to your fuse box or in your hall cupboard. You can also draw up a more detailed emergency plan with the people in your household. Go to <https://english.denkvooruit.nl/prepare-yourself/make-an-emergency-plan>.

Once you've made your emergency plan, discuss it with your partner, children, parents or neighbours. Take a photo of your emergency plan or give a copy to people you've filled in as emergency contacts. These are the people you can go to if something happens.

1 Who lives here?

Number of adults:

1. Name:

2. Name:

3. Name:

4. Name:

Number of children:

Phone no.:

Phone no.:

Phone no.:

Phone no.:

Year of birth:

Year of birth:

Year of birth:

Year of birth:

Number of pets:

1. Name:

Species:

Important information:

2 Special assistance

Are there any people in your household who need extra assistance? For example, people with a disability, elderly people, young children or people who need critical medication. If so, who are they and what are their needs?

3 Where will we meet each other if there's an emergency?

Agreed meeting place:

Address:

4 How will we get information during an emergency?

Emergency radio station frequency: _____ MHz (note this on your emergency radio and pre-tune it)

TV channel of regional broadcaster: _____

Safety region website: _____

5 Emergency numbers

We can go to this person if there is a local emergency:

Name: _____ Phone no.: _____

Address: _____

We will contact this person if we can't contact each other:

Name: _____ Phone no.: _____

Address: _____

Important phone numbers

Who

Number

Emergency services

112

Police non-emergency

0900 8844

Public Information Service

1400

Municipal Information number 14 _____ (fill your municipality's area code in here)

Family doctor

Out-of-hours family doctor service

Other important phone numbers



Scan the QR code and complete a comprehensive emergency plan.
Or go to <https://english.denkvooruit.nl/prepare-yourself/make-an-emergency-plan>